

TCV Growing Communities **Beat The Street**

- 19/6 **Green Gym** 10am-1pm Whitebeam Woods Durrington **Box 56**
- 19/6 **Mindfulness Walk (Liane Webb)** 11-12noon Worthing sea front **Box 85**
- 20/6 **Forest School** 11am-12noon Fishersgate Rec **Box 115**
- 21/6 **Nature Trail Walk (x2)** 1.30- 2.30pm & 3.30- 4.30pm **Box 56**
- 22/6 **Walk 'Town to Downs'** 10am-1pm Fishersgate Rec **Box 115**
- 25/6 **Green Gym** 10am-1pm Eastbrook Gardening Group* **NO box sorry**



- 26/6 **Green Gym** 10am-1pm Whitebeam Woods Durrington **Box 56**
- 26/6 **Mindfulness Walk** 11-12noon Worthing sea front **Box 85**
- 27/6 **Forest School** 11am-12noon Fishersgate Rec **Box 115**
- 27/6 **Circuit Training** 3.15- 4.15pm Southwick Green **Box 117**
- 27/6 **Litterpick Walk** 3.30- 5.30pm Whitebeam Woods Durrington **Box 56**
- 28/6 **Historical Walk** 10am-1pm Pond Lane **Box 51**
- 2/7 **Green Gym** 10am-1pm Eastbrook Gardening Group* **NO box sorry**



- 3/7 **Green Gym** 10am-1pm Whitebeam Woods Durrington **Box 56**
- 3/7 **Mindfulness Walk** 11-12noon Worthing sea front, Splash Point **Box 85**
- 4/7 **Forest School** 11am-12noon Fishersgate Rec **Box 115**
- 4/7 **Circuit Training** 3.15- 4.15pm Southwick Green **Box 117**
- 5/7 **Harbour Walks (x2)** 10-11.30am & 4-5.30pm Fishersgate Rec **Box 115**
- 9/7 **Green Gym** 10am-1pm Eastbrook Gardening Group* **NO box sorry**



- 10/7 **Green Gym** 10am-1pm Longcroft Park Durrington **Box 56**
- 10/7 **Mindfulness Walk** 11-12noon Worthing sea front **Box 85**
- 11/7 **Forest School** 11am-12noon Fishersgate Rec **Box 115**
- 11/7 **Circuit Training** 3.15- 4.15pm Southwick Green **Box 117**
- 13/7 **Walk 'Town to Downs'** 10am-1pm Longcroft Durrington **Box 56**
- 12/7 **Bush Craft** 3.30-5.30pm Whitebeam Woods Durrington **Box 56**
- 16/7 **Green Gym** 10am-1pm Eastbrook Gardening Group* **NO box sorry**



- 17/7 **Green Gym** 10am-1pm Longcroft Park Durrington **Box 56**
- 17/7 **Mindfulness Walk** 11-12noon Worthing sea front **Box 85**
- 18/7 **Forest School** 11am-12noon Fishersgate Rec **Box 115**
- 18/7 **Sports Day** 3-5pm Southwick Green **Box 117**
- 19/7 **Bush Craft** 3.30-5.30pm Whitebeam Woods Durrington **Box 56**
- 23/7 **Green Gym** 10am-1pm Eastbrook Gardening Group* **NO box sorry**



- 24/7 **Green Gym** 10am-1pm Longcroft Park Durrington **Box 56**
- 24/7 **Mindfulness Walk** 11-12noon Worthing sea front Splash Point **Box 85**
- 25/7 **Sports Day** 10-1pm Pond Lane Rec Rec **Box 51**
- 25/7 **Forest School** 11am-12noon Fishersgate Rec **Box 115**
- 25/7 **Circuit Training** 3.15- 4.15pm Southwick Green **Box 117**
- 26/7 **Bush Craft** 3.30-5.30pm Whitebeam Woods Durrington **Box 56**
- 30/7 **Green Gym** 10am-1pm Eastbrook Gardening Group* **NO box sorry**



* For locations check Facebook page Eastbrook Gardening Group or call Graeme
For Green Gym, Forest school & Bushcraft
 call Graeme 07970 860 938
For Walks & Sports call Craig 07483 050 773
For all other enquiries call Gwenn 07740 899 718