

Thriving Together Grant Fund case study: Sight Support Worthing: Understanding sight loss

For the past year, charity Sight Support Worthing has been helping businesses, organisations and community groups learn new skills to support the 4,000 people in Worthing who have registered sight loss.

The charity's interactive workshops help organisations better understand sight loss so visually impaired people feel confident, included and supported in everyday places.

Thanks to funding of £10,000 from our Thriving Together Fund, Sight Support Worthing is now able to reach more people by delivering its training sessions for free across both Adur and Worthing.

Local organisations that have benefited from the CPD-accredited workshops so far include Lime Tree Surgery, which as a result of the training started using yellow paper that makes reading easier for patients with macular degeneration.

The workshops, which can be delivered at the charity's base in Rowlands Road or in the community, are especially useful for schools and youth groups. In previous sessions children and young people have been enthusiastic about the chance to act as sighted guides or experience what it's like to live with sight loss via simulation glasses.

One of Sight Support Worthing's main aims is to make Worthing town centre more accessible. It is hoping to include more small businesses in the free workshops, so that people with visual impairments can feel confident they will be supported when they're out shopping - something that will benefit the town's economy too.

The training has been designed so that it can be duplicated to colleagues, meaning whole organisations and more residents can benefit.

To find out more about the charity and the training please visit: <https://sswcharity.org.uk/> or email: Jackie@sightsupportworthing.org.uk

