THE GALLOPS OUTDOOR FITNESS EQUIPMENT

FREE SPACE WORKOUT ZONE

BALANCE & CO-ORDINATION ZONE

SHOULDER WHEEI

BALANCE TUBE

FLEXIBILITY ZONE

PENDULUM & TWISTER

EXAMPLE SIGN

THE GALLOPS OUTDOOR FITNESS EQUIPMENT



COUNCIL CONTACT CALL XXXXXX IN CASE OF EMERGENCY CALL 999



ELLIPTICAL TRAINER

Our Urbanix Outdoor Gym will address the fitness needs and aspirations of wide age demographic within the local community, providing the body with a complete workout and equally exercise all areas of the body.

AEROBIC FITNESS SUIT



Adur & Worthing