

Simple steps to getting involved in green spaces

- Join an existing group - the possibilities for involvement are very varied. Many meet monthly for practical work days which can include conservation, gardening or tree planting; some undertake surveys and have educational links with schools; others hold events or run projects. It's a great way to feel good being outdoors in nature, learn new skills, get some exercise and meet people who want to make a difference to their local area.
- Check with individual groups if you need to bring tools or gloves - they may be provided. You may even get tea and biscuits!
- If physical work is not for you, groups also need help with publicity, running meetings, fundraising, catering, running educational events, greeting newcomers and other supportive tasks.
- If there isn't a group near you, look at our website to see other available sites and start a new group. You may need to consult local residents - we can help you get started and so can Voluntary Action Worthing and Conservation Volunteers.
- Depending on the site, your group will usually need to agree a basic management plan with us to make sure that the intentions are to develop the site in an environmentally-friendly and water-wise way and that there is a commitment to sustained involvement. In some cases it may be necessary to have a simple licence or lease. We will also advise you on risk assessing your activity.
- We will hold an annual networking event for groups to share experience and ideas. Both existing and new groups will be able to apply for a small grant towards getting started or additional materials. There will be help available for groups to make their own funding bids.
- Insurance - all groups that work on Worthing Borough Council land are associated to and insured by Worthing Borough Council.

Community Greenspaces

in Worthing



There are lots of urban green spaces in Worthing where community interest groups and volunteers garden, do conservation work and make the place more beautiful and enjoyable for everyone.

The Community Greenspaces Scheme celebrates these and invites residents and businesses to join in with an existing group or start a new one at a site made available by Worthing Borough Council - details on the website below.

"This greenspaces initiative is great as it can help individuals to connect to existing groups that seek to include people who just want to turn up and plant as well as the more ambitious who want to design spaces or help organise gardening projects"

Worthing Urban Gardeners



Community Green Spaces - Worthing Borough Council sites and contact details

1 Friends of Broadwater and Worthing Cemetery

Tom Wye
Tel: 07932 687315
Tom.wye@btinternet.com
www.fbwc.co.uk/first.asp
Meet first Saturday of month

2 Broadwater Churchyard Wildlife Conservation Group

Rob Ferguson
Tel: 01903 260504
robbieferg2@tiscali.co.uk
Autumn work day, sometimes spring, usually a Saturday

3 Christchurch Disused Burial Grounds

Tom Wye
Tel: 07932 687315
Tom.wye@btinternet.com

4 Heene Cemetery

Tom Wye
Tel: 07932 687315
Tom.wye@btinternet.com

5 Safe and Secure Garden at Maybridge Keystone Centre

Hazel Thorpe
Tel: 01903 201299 or 07999444753
hazelthorpe18@hotmail.co.uk

6 Friends of Highdown Gardens

Jo Hooper
01903 501054
highdown.gardens@worthing.gov.uk
www.highdowngardens.co.uk
Meet last Thursday of month

7 Friends of Homefield Park

Sarah Cutler
Tel: 0792 6552208
homefieldparkaction@gmail.com
www.facebook.com/FriendsofHomefield
Members meet first Wednesday monthly at Sidney Walter Centre, 6.30pm

8 Friends of Whitebeam Woods at Longcroft Park

Ann Townsend
Tel: 01903 236456
Meet third Saturday of month, 10am

9 Worthing Urban Gardeners at Marine Parade East and elsewhere

Colm Sweet
Tel: 07981 537205
csweet@ths.uk.net
www.facebook.com/groups/WUGardeners/
Meet first Wednesday and last Sunday of month.

10 Worthing Conservation Volunteers at Northbrook Pond, Honeysuckle Lane and elsewhere

Jay Cooper
Tel: 01903 762064
jayjaycooper@yahoo.co.uk
Meet every three weeks, Sunday.

11 Ilex Conservation Group at The Plantation

Phillip J. Ellis

Tel: 01903 504317
elsteadbysea@btinternet.com
www.ilexcg.blogspot.com
Meet second Sat of the month

12 MIND on the Seafront

Sam McCarthy-Fox
Tel: 01903 277000
gardenminders@worthingmind.org
www.worthingmind.co.uk

13 Storm Ministries at Union Place and elsewhere

Ginny Cassell
Tel: 07810 522307
ginny.cassell@stormministries.org
www.stormministries.org
Check on-line for events and outreach dates

14 Our Patch at Worthing Leisure Centre and elsewhere

James Beasley
Tel: 07711 645806
James.ourpatch@gmail.com
www.ourpatch.weebly.com
Training for volunteers on Saturdays, weekly sessions

15 Worthing Allotments Management at West Tarring Allotments

John Scrase
Tel: 07936 557874
chair@wamplots.org.uk
www.wamplots.org.uk
Check on-line for meeting details

See within for further details.

Other local Greenspace Groups

Worthing Garden Share

Matches would-be gardeners with no land and people who can offer a space for them to grow. Claire Hunt
transitionworthing@gmail.com



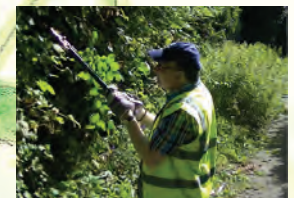
Transition Worthing

Ecclesden Mill Permaculture Plot. Regular open days and events. Pauline Cory
transitionworthing@gmail.com



The Pines Day Centre

Users are involved in beach cleaning, litter picking and footpath clearance. Chris Hughes
chris.hughes@westsussexgov.uk



Breathing Spaces

Social enterprise providing therapeutic gardening services to older people, including those living with dementia, within care homes and at community centres. Contact Lisa Leach
info@breathingspaces.co

Community Greenspaces - Worthing Borough Council sites

Where you can get involved



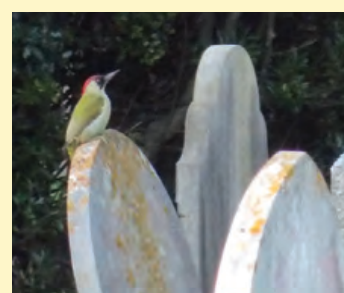
1. Broadwater Cemetery



2. Broadwater Church



3. Christchurch



4. Heene Cemetery



5. Maybridge Keystone Centre



6. Highdown Gardens



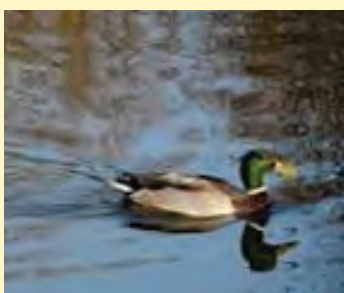
7. Homefield Park



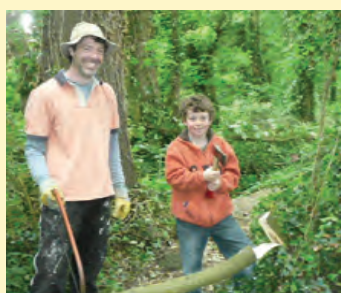
8. Longcroft Park



9. Marine Parade East



10. Northbrook Pond



11. The Plantation



12. The Seafront



13. Union Place



14. Worthing Leisure Centre



15. West Tarring Allotments



16. Whitebeam Woods

Getting active is great for keeping your heart healthy! For FREE advice and support to get active or to make other changes to keep you heart healthy, contact the Adur and Worthing Wellbeing Hubs on 01903 221450 or info@adur-worthingwellbeing.org.uk or visit www.adur-worthingwellbeing.org.uk

For more information and a map of these sites, as well as details about other sites that Worthing Borough Council is making available for community groups to use, have a look at our website: <http://www.adur-worthing.gov.uk/community-greenspaces>

